

## ONLINE BOOK

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## Chapter 1: Introduction to Psychology

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## **Chapter 3: Biopsychology**

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- Human Genetics
- Cells of the Nervous System
- Video: The Chemical Mind
- Parts of the Nervous System
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## **Chapter 4: Sensation and Perception**

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- Sensation versus Perception
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## **Chapter 5: States of Consciousness**

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- Video: Consciousness
- Sleep and Why We Sleep
- Stages of Sleep
- Video: To Sleep, Perchance to Dream
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## **Chapter 6: Learning**

- Introduction to Learning
- What Is Learning?
- Classical Conditioning
- Operant Conditioning
- Video: Reinforcement vs. Punishment
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## **Chapter 7: Memory**

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- How Memory Functions
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- Ways to Enhance Memory

## Chapter 8: Thinking and Intelligence

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- What Is Cognition?
- Video: Cognition: How Your Mind Can Amaze and Betray You
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- Video: The Surprising Truth About What Motivates Us
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## Chapter 12: Personality

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## Chapter 13: Psychological Disorders

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## Chapter 14: Therapy and Treatment

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- Substance-Related and Addictive Disorders: A Special Case
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# Chapter 15: Social Psychology

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- Video: Aggression v. Altruism
- Prosocial Behavior
- Helping and Prosocial Behavior

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